

Volume 2026 No 1
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**JANUARY
2026**



PRESIDENT'S MESSAGE

Thank you for choosing me as your new president. I know I have some big shoes to fill, as Dr. Ron did an outstanding job leading us these past two years. With help from our tremendous leadership team, I hope to continue to make our senior center a warm, inviting, and especially fun place for you to spend your time. Here's to another great year! ~ *Ken Herstine, Board President*

BOARD ELECTION RESULTS

Thanks to the 98 members (11% of membership) who voted. Congratulations to the following who were elected to the 2026 Board of Trustees:

President: Ken Herstine	Secretary: Shirley Shilt	At-Large: Ruth Krupp
Vice Pres: Pat Lokai	At-Large: Margaret Collier	At-Large: Mary Lemaster
Treasurer: Pam Rader	At-Large: Sandy Ingersoll	At-Large: Jerry Nottingham

MEMBERSHIP RENEWALS 2026

Current members: renew either in person or by mail beginning January 2. Dues are \$20 each. *By mail:* include check and any changes to address, phone, e-mail, emergency contact; membership card will be mailed if stamped, self-addressed envelope is included. Current honorary members: may call to renew since no payment is required.

PRESENTATION: *Make Each Step Count*

Are you thinking about getting a cane or walker or did you recently start using one but never received instruction on how to use it or know if it is sized correctly? Physical therapist, Seth Morton, from *Drayer Physical Therapy*, will provide information and tips to help you get the most benefit from these assistive devices. He will demonstrate how to safely walk with them, use on steps, know which side to hold the cane, things to avoid doing, go over the different kinds of canes and walkers, exercises that may help you, and more. Join Seth at 1 p.m. on Wednesday, **January 21**, for this very informative presentation and demonstration.

SCATTERGORIES: *New Afternoon Time*

You can enjoy learning and playing this *easy* game at **1 p.m.** (note time change) on Wednesday, **January 14**. This monthly activity is sponsored by *The Laurels of Huber Heights*. This casual game does not require partners or teams. Join in the fun!

MORNING MINGLE

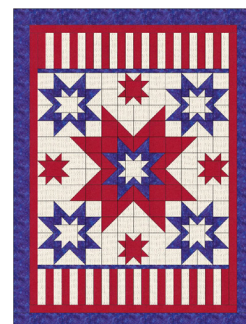
Members can drop in to visit and enjoy coffee and donuts on Wednesday, **January 28**, from 9:30-11:30 a.m. This is a good opportunity to mingle and meet others in a casual and smaller setting.

CORNHOLE

Let's play cornhole! Come join the fun as we once again gather for some laughs and fellowship. Meet in the lobby at 6:15 p.m. on Wednesday, **February 4** and **February 18**. Open to both beginners and experienced players.

QUILTS OF VALOR

The *National Quilts of Valor* started in 2003 and is an annual celebration for active and retired service members. Our senior center Sewing Pals assisted in making six quilts that were awarded to six veterans from the senior center. Other organizations participated and made quilts and in November a very moving ceremony was held to honor the many veterans in attendance. Veterans were wrapped in a quilt with their name on the back along with the names of the people who made it. Special thanks to the sewing pals for their dedication to this worthy program.



BUNCO

This fast-paced dice game will be played monthly on the third Wednesday from 10:30-12:30 (**January 21**). It is played with partners and at least eight are needed but more would add to the fun! Instruction will be offered. Please arrive by 10:30 a.m. All participants need to play the same version since it requires moving between tables. Bring snacks if you wish. If possible, sign the clipboard at the desk or call if you plan on playing; thank you.

MINI BINGO

Have fun playing mini bingo at 1 p.m. on Monday, **January 26**. Each person will be issued two cards. Conducting the games and providing non-monetary prizes will be Emili from *Arcadia of Dayton* (formerly Friendship Village). Members may register starting January 6, phone calls accepted (self +1 other member). Seating limited to 35.

SENIOR CENTER FACEBOOK PAGE

The Huber Heights Senior Center Group Facebook page began in 2018 and was developed by Carolyn Freeman and Netta Hawkins; Ken Herstine has now been added. Administrators are necessary to maintain the guidelines and rules of our page. To date, there are 448 members on our page.

This *private* page is for the benefit of members of Huber Heights Senior Center; *only members will be approved for page access*. The purpose of this page is to provide members with information regarding center activities and the local community. We allow lighthearted, humorous posts, no profanity please. No commercial or political comments will be allowed. *Notifications of senior center closings, activity schedule changes, and upcoming events may be published on this page.*

To join, you need to be invited by a current member of the Facebook page. If you do not know a member who can invite you, leave your name, user name if different, and phone number with the receptionist. Once processed, a Facebook administrator will provide you with an invitation to the page.

BOOKS & BANTER

At 10 a.m., enjoy discussion and refreshments kindly provided by member and facilitator Doris Radcliffe. Books on reserve at H.H. Library. **January 12:** *A Week in Winter* by Maeve Binchy. **February 9:** *Remarkably Bright Creatures* by Shelby Van Pelt.

MAH JONGG INTRO

You are welcome to come early at 12 p.m. on any Wednesday for a brief introduction to the basics of this interesting game and then stay to observe and/or play at 12:30 p.m.

TAX ASSISTANCE

Call 937-233-9999 beginning January 2 to make an appointment. Only 2025 tax returns will be prepared. Appointments will be held Feb. 3- April 8 on Tuesdays and Wednesdays. The Drop-Off/Pick-Up method will be used.

• **Important:** *you must come to the center well in advance of your appointment day to pick up a Tax Packet.* These may become available mid-January. It includes several forms that you must complete before your appointment. It also includes a list of tax documents you need to bring. Put everything inside the envelope and bring it with you to your appointment. Check in at the desk upon arrival.

• You will be given two appointments for the same day. In the morning you will briefly review your completed documents with a tax aide. In the afternoon, you will pick up your completed tax return and review it with the aide. Example: you may have a 9:15 a.m. drop-off and a 3:30 p.m. pick-up.

• After you leave the morning appointment, *a tax aide must be able to reach you at a good phone number* to ask questions or discuss a different pick-up time. *Be available all day to answer your phone*; you may not recognize the number or name. *Please make sure your voice mailbox is not full.* If you cannot be reached, your tax returns may not be completed.

• Taxpayers who file jointly make one appointment. Other filers within the household each need their own appointment. Each tax return requires its own tax packet.

• Returns not prepared: non-Schedule C businesses, city tax, rental properties with depreciation, farm businesses, deductions for casualty loss (e.g., tornado), and sales of cryptocurrency.

• Cancellations: call the center as soon as possible even if it is the day of your appointment. A future appointment cannot be guaranteed.

TABLE TENNIS FOR BEGINNERS

Looking to get a little exercise and learn a new trade or just brush up on an old one? Well, you have come to the right place. Each Thursday at 6:30 p.m. on **January 8, 15, 22, 29**, we will offer “focused table tennis training” for those wanting to learn. We are not professional trainers but have years of experience to offer as guidance. Come join us and give it a try. It will be fun and an opportunity to meet new folks and enjoy some fellowship. Note: enter/exit using the side door.

MEMBERSHIP REQUIREMENTS

New members are welcome anytime; must be at least fifty and younger spouses are eligible. Dues are \$20 with renewal due every January; those turning 90 this year are free. Interested seniors may visit three times before joining (some activity restrictions apply such as line dance, Tai Chi). Dues reduced to \$5 October through December for first-time applicants only with full renewal fee of \$20 due in January.

TIDBITS

***Closed:** January 1, 19.

***Socials Decorator Needed:** if you would like to oversee decorating the grand hall and the tables (centerpieces available) for the socials, please contact Pat Lokai or see the Program Coordinator. You can select helpers but you should plan on being in charge for each event or obtain an experienced sub if needed.

***Board meeting:** January 7

***Suggestion Box:** share your ideas, comments, questions; located on front desk.

***Pop Up Shop:** vendors at senior center, 10-12, January 10; sponsored by Parks.

CREATIVE CARD MAKING

Instructor *Lynn Wilmes* loves sharing her enthusiasm for crafting and teaching others. She made and sold crafts at 30-40 shows every year for over 15 years. Currently, she teaches cardmaking at the University of Dayton Osher Lifelong Learning Institute (UDOLLI) as well as two other sites and belongs to several paper crafting clubs. She is a retiree from The Ohio State University after 38 years.

Save the date for a card making class at 10 a.m. on Wednesday, **February 25**. You will make two cards of your choice for \$5. All supplies and tools will be included. No experience is necessary. A minimum of 10 must register for the class to be held. Members may register February 2-19 (self +1 other member). Non-members may register beginning February 13. Seating limit: 30. Class is approximately 1½ hours.

KUDOS CORNER

**Valley Forge Student Council* kindly created Christmas cards for the senior center.

**Thanks to Leticia Perez-Igoe* for creating beautiful centerpieces and for decorating the bulletin boards.

**Special thanks to retiring board members Jim Leek, Ron Fletcher, Arlene Gambill* who served during the major transition to the new site.

**Super thanks and welcome to all who joined or renewed membership in 2025* resulting in the highest membership ever: 865 as of December 10.

LINE DANCE

The next new eight-week session will begin **January 15**. Members only may participate in a **Beginner** class at 9:30 and/or an **Improver** class at 10:45 on Thursdays. Must know basic steps and be skilled enough to register for the improver class (at least five required). Cost: Beginners \$25, Improver \$25. Payment due when registering; refunds are not issued once the first class is held.

HEALTH CHAT

Dr. Ron Fletcher, M.D., offers a health chat on the first Monday of the month. In an informal setting, Dr. Ron will offer information on a specific topic and then it will be open for questions and discussion. This is a unique opportunity to learn relevant information and share your experiences. Join senior center member, Dr. Ron, at 11 a.m. on Monday, **January 5**, to chat about *foot disorders*. Next chat will be February 2.

TAI CHI

Observation Day: January 9; please be seated by 1:30 and observe quietly while class is in session. After class, you may speak with the instructor or students if you wish.

Members only may register for the next eight-week Tai Chi session. All skill levels may participate at 1:30 p.m. on Fridays starting **January 30**. Cost is \$30 and due when registration begins January 8. Refunds are not issued once the first class is held. Class instructor is Larry Wilson from TAMA Martial Arts. Note: no class January 23.

TERRIFIC TRIPS

April 27-May 2: Memphis

Future trips: to be announced

JANUARY CALENDAR

Full page detailed calendar available or visit www.hhoh.org

Monday:

Exercise 9:15
Pinochle 12
Hooks & Needles 1 pm
Table Tennis 6-8:30 pm
Book Group, 2nd Mon.
1/5: Health chat 11
1/26: Mini bingo 1 pm
1/19: Closed

Tuesday:

Bingo 1 pm
1/13: Blood Press/Sugar 11:45
Bridge lessons by appt
(call 937-902-1392)

Wednesday:

Sewing Pals 9:30-1:30
Mah Jong: 12:30 pm
Game Night 6:30-9
1/7: Board meeting 12
1/14: Scattergories 1 pm
1/21: Bunco 10:30
1/21: Presentation 1 pm
1/28: Mingle 9:30-11:30

Thursday:

Exercise 9:15-10
Wood carving 9:30-12
Line dance 9:30-11:45
Euchre, Hand & Foot 12
Bridge 12
1/8: Hearing & Aid check
Table tennis 6-8:30 pm
(beginners 1/8,15,22,29)
1/1: Closed

Friday:

Golden Qi 9:45-10:30
Qigong 11-11:45
Tai Chi 1:30 (not 1/23)
(observation day 1/9)
1/9: Trivia 1 pm
1/9 & 1/30: Dominos 11:30
1/2: Make tax appointments
1/2: Begin member renewal

Saturday:

1/10: Parks Pop Up Shop 10-12
1/10: Parks reserved activity 9-11



HUBER HEIGHTS SENIOR CENTER

7301 Shull Road
Huber Heights, Ohio 45424-3946

Phone: (937) 233-9999

Web: www.hhoh.org

Program Coordinator: Pat Larson
(937) 237-7912

E-mail: seniors@hhoh.org

Center Hours

Mon. - Thur. 9 a.m.-3:30 p.m. (closing varies)
Friday 9 a.m.-2:30 p.m. (closing varies)

BOARD OF TRUSTEES

President: Ken Herstine 937-609-1611

V. President: Pat Lokai

Treasurer: Pam Rader

Secretary: Shirley Shilt

At-Large: Margaret Collier

At-Large: Jerry Nottingham

At-Large: Ruth Krupp

At-Large: Mary Lemaster

At-Large: Sandy Ingersoll

Consultant: Ron Fletcher

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Mission Statement

To work with, assist, and promote fellowship, happiness, entertainment and good will among senior citizens: to encourage a better way of life, by association and helping each other, to make the rest of our lives on earth more enjoyable, to share our God given gifts of eyesight, hearing, speaking, knowledge and maneuverability to seniors who are less fortunate in health.

Disclaimer: The Huber Heights Senior Center and the City of Huber Heights do not endorse any products, services, or claims presented in this newsletter or at the Senior Center. Opinions expressed in this newsletter are not necessarily that of the Huber Heights Senior Center or the City of Huber Heights. Members/readers should seek independent expert advice before making any financial or health decisions. Members/readers involved in physical activities such as exercise are reminded to participate at their own pace and risk and contact a licensed physician prior to engaging in strenuous or potentially strenuous activity.

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COMMITTEES

Historian:	Socials:	Pat Lokai
Ways & Means:	Photographer:	Jim Arcaro/Jan Weller
Travel:	Member/Welcomer:	Pat Lokai
Sunshine:	Newsletter Mailing:	M. Collier & S. Ingersoll
Bingo:	Food Supervisor:	Margaret Collier
Nominating:	Supplies:	Margaret Collier
Sergeant at Arms:	Decorating:	Jennifer Hupke
		Leticia Perez-Igoe

WEATHER CLOSINGS

Follow the Huber Heights Schools inclement weather closings only, not delays. Check TV for school listing and note that a delay could change to closed at any time. No school Dec. 22-Jan. 6 so not on TV; check channel 7 for possible senior center listing and the Senior Center Group Facebook page.

RAYS OF SUNSHINE

Get Well

Diann Hudson

Thinking of You

Monica Charek

Sunshine Coordinator: Bobbi Markley 937-233-8866

VOLUNTEER RECEPTIONISTS

Lorna Coons	Linda Leek
Gloria Cwiklinski	Mary Lemaster
Sue DeTore	Judy Owens
Barbara Farina	Doris Radcliffe
Sharon Ferrero	Sandra Scriven
Debbie Keiser	Janee Walski
Ruth Krupp	Jan Weller
Maureen Kunz	Jan Wishon

BRIDGE RESERVATIONS

Kathy Lawrence 937-233-8827

BRIDGE LESSONS

Yogi Singhal 937-902-1392

MAH JONGG

Anna Lawson 937-272-1958

EUCHRE/PINOCHLE

Chuck Malone 937-572-5119

HAND & FOOT

Debbie Kittl 937-768-4445

TABLE TENNIS

Rick Fuhrer 937-674-1975

GAME NIGHT

Jan Weller 937-831-3785

Adopt a park

Chris Durr 937-233-2903



BLOOD PRESSURE/SUGAR

Walk-in for the following screening (no fasting required). Open to seniors in the community. Unavoidable last-minute cancellations may occur. Tuesday, **January 13**, 11:45-12:45, blood pressure, sugar check by Tammy, R.N. from 6 Roses Home Health.

HEARING CHECK UP

Call the center to make an appointment for Thursday, **January 8**, and specify either a basic hearing screening or hearing aid check. Minor repairs may be made on site. Open to seniors in the community. Thanks to Butch Redd from the Fairborn Hearing Clinic.